

# LENA

**African American Female**

**Playing Age:** 20s–40s

Lena is a woman in recovery battling years of pain, trauma, and survival. Hardened by life and emotionally guarded, she struggles to trust people and keeps her emotions buried beneath a tough exterior. Despite her rough edges, there is still vulnerability underneath. The actor should be able to portray emotional realism, strength, and subtle pain in dramatic scenes.

**Requirements:**

Please submit acting reel if available.

If you do not have a reel, please submit a one-minute dramatic monologue.

---

## SUBMISSION INFO

Please send headshot, resume, and self-tape/reel to:

✉ [TPNCasting@gmail.com](mailto:TPNCasting@gmail.com)

**Subject Line:**

**IN MY PAIN – LENA**